

Positive Alternatives Jan - March 2015 Quarterly Update

Grantee: LAKES LIFE CARE CENTER

Goal: To provide resources, referrals, pregnancy and parenting education, ultrasounds, and after hours phone support to pregnant and parenting women in the north metro

For the period:

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Outreach	Meet with social service agencies and community organizations to access services for clients and seek referrals; develop relationships with local schools; update brochures and flyers, update and maintain website; advertise		Visited: Youth Service Bureau, Wash Co. workforce center, Adult Basic education center, Forest Lake Area Partnerships for Families meetings and had the opportunity to share our information with all these services so we can work closely with them as we see the same type of clients.	
Hotline	Provide after-hours and weekend call service; pregnancy counseling; provide accurate medical information and referrals	50	Telephone specialists answered 36 calls total. We have seen a dramatic decline in the number of calls answered. Mainly due to just answering phones for 2 centers and the ability of potential clients to get information from our website and online appointment scheduling	13
Parenting Education	Provide individual parenting education classes in an incentive program	20	Some of our parenting clients have dropped off due to aging out of the program or no longer needing us for services	19
Pregnancy Education	Provide individual pregnancy education classes in an incentive program; provide referrals when requested to child birth preparation classes, medical assistance, financial assistance and other	20	We have many new pregnant women that have started taking prenatal classes. These women are committed to the program and coming almost weekly for their lessons.	65

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	services			
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	10	Many clients that come in for referrals also participate in our programs, especially our education programs so they can continue to receive services	17
Ultrasound	Nursing staff provides intake, assessment, ultrasounds, prenatal vitamins when needed; provides counseling and referrals when requested	10 - 12	We have been very successful at getting those women who have a positive pregnancy test that meet our criteria back to the center for an ultrasound.	14

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	3
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	3

Challenges: we have seen our pregnancy test numbers drop for some reason so we are working on our outreach. Summer is typically a slower time as September did see an increase in visits. Pregnancy testing seems to be a “feeder” to the rest of our programs.

Comments: Prenatal and Parenting education programs are still our biggest program. The changes we are seeing in clients towards pregnancy and parenting has been very positive. Clients are expressing gratitude to all that they are learning in classes.